

Practical support

Practical support includes tasks such as:

-

Household Cleaning

-

Collecting Pensions

-

Help with eating

-

Recreation Activities

-

Meal Planning

-

Monitoring diet and eating

-

Preparing Future Meals

-

Preparing and Lighting Fires

-

Reading

-

Assist with walking

-

Bed Making

-

Shopping

-

Laundry